## **THANKSGIVING WEEKEND 2024**

SATURDAY

RIDAY

SUNDAY

## CHINESE FAMILIES FOR CHRIST FVC ACTIVITY GUIDE

KEY:

🐼 Cost 🛛 🖉 Sign Ups

Sign-ups for the following activities will be held Thursday–Saturday in Brookside meeting room (under the dining room) from 7:45–9:00AM. Please line up in the Multipurpose Room. All 3RD–5TH graders will experience Discovery Grove and Climbing Wall during Day Camp on Friday or Saturday morning.

SAME DAY SIGN UP ACTIVITIES	X	SEQUOIA ADVENTURE COURSE 17 different high ropes elements that range from 30-80' above ground, and ends with two ziplines. <u>Age 10+</u> . Weight <u>75-250 lbs</u> . Height : at least <u>57 inches</u> . Closed-toed shoes. LOCATION: Sequoia Adventure Course	Г К 1:15рм- 3:15рм	С К 1:15рм- 4:45рм	Г К 1:15рм- 4:45рм	
	K	DISCOVERY GROVE 7 different high ropes elements that range from 5 to 20 feet above ground, and ends in a zipline. <u>Age 5+</u> . Ages 5 & 6 accompanied by adult. Weight <u>45-250 lbs</u> . Closed-toed shoes. LOCATION: Behind Fieldhouse	Г С 1:30рм- 3:00рм	Р 2:30рм− 5:00рм	<ul> <li>№</li> <li>1:30рм-</li> <li>4:45рм</li> </ul>	
		ARCHERY ☑ Ages 5+. Ages 5-10 accompanied by adult. LOCATION: Conference Drive past the Fieldhouse and take the first trail on the left.	С 1:30рм- 3:00рм	С 1:30рм- 4:30рм	ССС 1:30рм- 4:30рм	
	×	OUTDOOR CLIMBING WALL <sup>®</sup> Ages 5+, Weight 25-250 lbs. Closed-toed shoes. Sign-ups at the climbing wall LOCATION: Behind Fieldhouse	<b>Х</b> 1:30рм- 3:00рм	В З 1:30рм- 5:00рм	<ul> <li>№</li> <li>1:30рм-</li> <li>4:45рм</li> </ul>	

## **2024 FVC ADVENTURE ACTIVITIES SIGN UP GUIDELINES**

- 1. Daily sign-up time is at **7:45AM**, first come, first serve.
- 2. You can only sign up your own family: must bring everyone's name tags to sign up (photos okay)
- 3. Each morning, you can sign up each family member for one activity, either for the same day or the next day's activities.
- 4. Each person can only be signed up for one activity per day.
- 5. Each person can only be signed up for each activity once during the entire camp, unless if spots are not filled at the end of sign-up time.

## CHINESE FAMILIES FOR CHRIST

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table shuffle board 8:00PM- 7:00PM- 8:30PM-	VITIES	Bring your whole family to the carnival and enjoy the bounce house, corn hole, football toss, scoot bikes, golf game, and ladder ball.					
LOCATION: Fieldhouse 10:00рм 10:00рм 10:00рм	RECREATION ACT	Available at the Fieldhouse: Bocce sets (bocce balls at the court) horseshoes   shuffle board  recreation balls and frisbees to be used on the meadow   basketball   volleyball & badminton (net set- up on request) ping-pong 🏷   air hockey   foosball 🏷   pool   games & puzzles   piano   table shuffle board	6:00рм-	9:00ам- 12:15рм, 1:15рм- 5:00рм, 8:00рм-	9:00ам- 12:15рм, 1:15рм- 5:00рм, 7:00рм-	12:15рм, 1:15рм- 5:00рм, 8:30рм-	Г 11:00ам- 12:15рм
		LOCATION: Fieldhouse		10:00рм	10:00рм	10:00рм	

TOURNAMENTS	×	<b>4-ON-4 BASKETBALL TOURNAMENT</b> Friday, 2:00-4:00Рм Sign-ups in the Auditorium <b>LOCATION:</b> Fieldhouse Gymnasium		С 2:00рм- 4:00рм	
		<b>PING-PONG TOURNAMENT</b> Friday, 2:00-4:00рм Sign-ups in the Auditorium <b>LOCATION:</b> Fieldhouse Game Room		СОРМ- 4:00РМ-	
	Æ9	DODGEBALL TOURNAMENT Friday, 7:00-10:00рм LOCATION: Fieldhouse Gymnasium		7:00рм- 10:00рм	

FITNESS	1-1	FITNESS CENTER Treadmills, Stationary Bikes, and Free Weights. Use key card or key from Front Desk. <u>Ages</u> <u>16+.</u> Ages 16 &17 must be accompanied by an adult.					
			5:30ам <b>-</b> 11:00рм	5:30ам <b>-</b> 11:00рм	5:30ам <b>-</b> 11:00рм	5:30ам <b>-</b> 11:00рм	5:30ам- 11:00рм